



# FOOT NOTES

From the office of Carlisle Foot & Ankle Specialists



## “New” Flatfoot Treatment

A better name for a flatfoot is actually **HYPERPRONATION**. This better describes the collapse of the arch. Hyperpronation may actually be identified in patients with a normal looking arch on weight bearing.

Hyperpronation is one of the main causes of shin splints, bunions, plantar fasciitis, tarsal tunnel syndrome, Posterior Tibial Tendon Dysfunction, Equinus (tight calf), arch pain and other conditions. These conditions are actually symptoms of the Hyperpronation. Therefore we need to treat the etiology as well as the symptom for a good, longterm outcome.

Patients who have failed conservative therapy may be a candidate for the “internal orthotic” also known as a subtalar arthroereisis procedure. This 10 minute, minimally invasive procedure can restore the normal architecture of the arch without the need for calcaneal osteotomies, bone grafting and tendon transfers. Most patients can ambulate the day of surgery in a walking cast boot.



Before and after x-rays & pictures of arch correction with Hyprocure Implant

Dr. Steber has performed more than 150 Hyprocure implant procedures and lectures for Gramedica. He is helping develop and will participate on a Level 1 evidence based multi-center study on Dynamic Gait Analysis and the efficacy of the Hyprocure implant

[www.Hyprocure.com](http://www.Hyprocure.com)

Please contact us for more information or to refer your patient an appointment to see if they may benefit from this procedure:

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